



AL-AMEEN ARTS, SCIENCE & COMMERCE COLLEGE

Affiliated to Bengaluru City University | Reaccredited with NAAC 'B' grade

ANNUAL GENDER SENSITIZATION PLAN- 2023-24

Al-Ameen Arts, Science, and Commerce College is an esteem organization that imbibes holistic education to students, not only to empower them, but also to assist them to confident, self-sufficient, and ethical citizens. Gender sensitization instills principles of equality, diversity, and inclusivity, which are crucial for building a safe atmosphere for students and staff at our institution.

Objective: To promote gender equality, tolerance, harmony among students and staff leading to empowerment.

Action plan

1. To create a safe, secure and a healthy environment in the campus.
2. To conduct programmes for the students to promote gender sensitization.
3. To implement an anti-tobacco, alcohol, and drug (TAD) awareness campaign.
4. Promoting menstrual hygiene and health, raising awareness about AIDS, PCOS, and the risks of breast and cervical cancer is crucial for gender equality and empowerment.
5. Mental health awareness program to safely respond to any mental health concerns.
6. International Yoga Day is an inclusive celebration that encourages both men and women equally via the global language of yoga.
7. Health Check Up camp: effective deployment and fair access to health-related issues, leading to equity.
8. Celebrating World Environment Day: Empowering women's voices in environmental decision-making.
9. To foster inclusivity, tolerance, harmony, and women's empowerment among students and faculty. To undertake events such as blood donation camps.
10. Electoral literacy club activities to raise knowledge of the 'Right to Vote' among students, staff members, and the community at large.
11. Moral Sessions - Talks are organized as a means of treating both genders with dignity, value, and respect.
12. To include women employees in the college committees.

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A brief summary of all the activities undertaken and completed under gender sensitization program in 2023-24:

1. Moral Session is a time-honoured custom to which the organization adheres, and it serves as a setting for imparting moral principles. All pupils gather and start the day with an affirmation. This is followed by the noon exercise, news reading, thought for the day, speech, and so on.
2. International Yoga Day is held every year on June 21st 2023.
3. The blood donation camp was organized on 12th July 2023
4. Free health camp was organized on July 12th 2023.
5. National Educational Day was organized on November 1st 2023
6. Health Check Up was organized on December 12th 2023.
7. Constitution Day was organized on December 1, 2023.
8. You are priceless - "a Mental Health Awareness Program by Mr. Abishek Karishiddihimath Psychologist in NIMHANS - "Digital Psychological Intervention for Mental Health Care was organized on December 27th 2023.
9. AID Awareness Program was organized on December 31st 2023
10. Broadening youth voting program was held on January 25th 2024.
11. Iftar party- We are a family was organized on March 26th 2024.
12. Voters' workshop was scheduled for April 24th, 2024. On April 24th, 2024, there was also an event to raise voter awareness and enrolment.